Sunday Wednesday Thursday Monday Tuesdav Friday Saturday NOVEMBER 9:10 Daily Chronicles & 1 to 1 9:10 Daily Chronicles & 1 to 1 Rm. 9:10 Daily Chronicles & 1 to 1 Rm. 9:10 Daily Chronicle & 1 to 1 Rm. 9:10 Daily Chronicle & 1 to 1 Rm. Visits -All Units Visits -All Units Visits (magazine distribution) All Visits (magazine distribution) All Visits (magazine distribution) All Rm. Visits -All unit rooms. 2021 10:00 Magazine & Beacon 10:00 Family morning calls 10:00 Music Listening -2S & 4N 10:00 Inspirational Message-All 10:00 Inspirational Message-All 10:00 Yoga Movement in Rm. 10:30 Abstract painting -one Newspaper -To rooms assistance. Open to all residents. 10:30 Poetry Time Sheet-4S.5S 110:30 Cross Word Puzzles -10:30 Poetry Time Sheet-All MAIN CALENDAR resident to a table, if in Phase 2 10:30 **BIBLE STUDY** if in Phase 2 2:30 Evening Hydration-4S 25,35,45,55 10:00 Family morning calls-All **10:00** Family morning calls-All or 3 only. Rm or Unit or 3 only. Unit 4N w Artel 2:30 Movie & Popcorn -5N & S **ACTIVITIES** 2:30 Abstract Art Project-Rm 10:30 70's Music on Unit 5South 2:30 Music-5South Bill Crews 2:30 TRIVIA on 2S w/ 1 at table w 6 2:00 Family Visitations-2MPR 2:30 Trivia Questions-3N & S 5:00 Quite Time Reading-Rm 2:30 Family Visits -All Units 2:30 Adult Art with Music-2N ft. social distancing. 2:30 Discussion in room or 1 at DEPARTMENT 4:00 College Football-TV ESPN 5:30 Current News-TV 2S, 4S 3:00 Movie Hour-4N Social Dist 2:30 Family Visits -All Units 2:30 Soft Cookie on 3N & 3S table w 6 ft. social distancing. 4:45 Evening Rounds-All Units 8:15 NFL-Monday Night Football 3:00 Movie Hour-4N Social Dist. 4:45 Evening Rounds-All Units 4:45 Evening Room Visits -All Units 5:00 News FOX- TV -Room 5pm-6pm Family Visitation -All **Resident Rooms-All** 4:45 Evening Rounds-All 5pm-6pm Family Visitation -All 5pm-6pm Family Visitation -All 5pm-6pm Family Visitation -All 11 9:10 Daily Chronicle & 1 to 1 Rp 9:10 Daily Chronicle & 1 to 1 Rp3 9:10 Daily Chronicle & 1 to 1 Rm 9:10 Daily Chronicles & 1 to 1 Rm Veterans Day **7** 9:10 Daily Chronicles & 1 to 1 **Daylight Saving Time** Visits -All Units 9:10 Daily Chronicles & 1 to 1 Rm. Visits (magazine distribution) 📶 Visits (magazine distribution) All Rm. Visits -All unit rooms. Visits (magazine distribution) All Time goes back. 10:00 Magazine & Beacon Visits -All Units 9:10 Daily Chronicle & 1 to 1 Rm. 10:00 **Did You Know! Pass Out** 10:00 Inspirational Message-All 10:00 Inspirational Message-All 10:00 Family morning calls-All Newspaper - All 10:00 Salute to all Veterans -Visits -All unit rooms 10:30 Unit Music Listening-2N 10:30 Name that Tunen-All 10:30 Poetry Time Sheet-3S,4S 2:00 Family Visit appointments 10:30 **BIBLE STUDY** if in Phase 2 Certificate and a special treat. All 10:00 Hillsong & TV Ministry 2:00 Family Visitation-2MPR 10:00 Family morning calls-All **10:00** Family morning calls-All 2:30 Ice Cream Cups - 3S 10:30 Bible Jenga -2South/ Betty or 3 only. Unit 4N w Artel Service / Joel Olsen 2:30 Music 4N with Bill Crews, 2:30 Abstract Art Project-Rm 2:30 RESIDENT COUNCIL -2:30 College Football-TV ESPN 2:00 Family Visitations-2MPR 2:00 Family Visitations-2MPR 10:30 Morning Service-TBA 3:00 Bible study materials - In lounge area 6ft apart. 1per table 4:45 Room Rounds -All Units 1MDR MEETING- Open to all 2:30 BINGO -1 at table w 6ft social 2:30 Discussion in room or 1 at 1:00 NFL-Games / Lounge TV 3:00 Movie Hour-2N Social Dist. room – All 5:30 Current News-TV 2s, 3S residents. distancing. 5North table w 6 ft. social distancing. 2:00 Snacks to rooms. All floors 4:45 Evening Rounds-All units 8:15 NFL-Monday Night Football 4:45 Evening Rounds-All Units 3:00 Movie Hour-2N Social Dist. 5:00 Evening News-TV 5:00 Evening News-TV / All 2:30 Crossword Puzzles & Word 5pm-6pm Family Visitation -All Resident Rooms -All 7:20 NFL-Thursday Night Football 5pm-6pm Family Visitation -All 5pm-6pm Family Visitation -All Search Booklets-All rooms Veterans Day Remembrance Day (Canada) 9:10 Daily Chronicle & 1 to 1 Rm. 4 9:10 Daily Chronicles & 1 to 1 75 9:10 Daily Chronicles & 1 to 1 Rm 6 9:10 Daily Chronicles & 1 to 1 Rm 9:10 Daily Chronicle & 1 to 1 Rm 9:10 Daily Chronicle & 1 to 1 Rm 9:10 Daily Chronicle & 1 to 1 Rm 20 Visits -All unit rooms /isits -All Units √isits -All Units Visits (magazine distribution) All Visits (magazine distribution) Alโั Rm. Visits -All unit rooms. Visits (magazine distribution) All 10:00 Hillsong & TV Ministry 10:00 Music Listening -2S & 4N 10:00 Magazine & Beacon 10:00 Family morning calls 10:00 Inspirational Message-All 10:00 W/C Exercise-All Units w 10:00 Inspirational Message-All Newspaper -To rooms 2S,3S,4S,5S Service / Joel Olsen 10:30 Abstract painting -one assistance. Open to all residents. 10:30 Poetry Time Sheet-All 10:30 Poetry Time Sheet-All social distancing. 10:30 **BIBLE STUDY** if in Phase 2 10:30 Morning Service-TBA resident to a table, if in Phase 2 2:30 Evening Hydration-4S 10:00 Family morning calls-All **10:00** Family morning calls-All 10:30 Cross Word Puzzle-Rm or 3 only. Unit 4N w Artel 1:00 Washington at Buccaneers or 3 only. Rm or Unit 2:30 Movie & Popcorn -5N & S 2:30 Music 3N with Bill Crews 2:30 Abstract Art Project-Rm 2:30 Adult Art with Music-2N - TV in Room or Lounges 2:30 TRIVIA on 2S. w/ 1 at table w 2:00 Family Visitations -2MPR 2:30 Trivia Questions-3N & S 2:30 Family Visits -All Units or Lounge area w social 2:30 Family Visits -All Units 1:30 Tailgate: Popcorn / 5S & 5N 6 ft. social distancing. 2:30 Discussion in room or 1 at 4:00 College Football-TV ESPN distancing. 2S,3S,4S,5S 3:00 Movie Hour-4N Social Dist. 3:00 Movie Hour-4N Social Dist. 2:00 Family Visitations -2MPR 2:30 Soft Cookie on 3N & 3S table w 6 ft. social distancing. 4:45pm-6pm Family Visitation 8:15 NFL-Monday Night Football 4:45 Evening Rounds-All Units 4:45 Evening Rounds-All Units 5pm In the News - Unit & Rooms 4:45 Evening Room Visits -All Units 5:00 News FOX- TV -Room 5pm-6pm Evening Rounds-All 5pm-6pm Family Visitation -All 5pm-6pm Family Visitation -All 8:15 NFL- Football (TV- Rooms) 5pm-6pm Family Visitation -All 8:00 Late Night NFL Game TV Resident Rooms-All 9:10 Daily Chronicle & 1 to 1 Rm 9:10 Daily Chronicles & 1 to 122 9:10 Daily Chronicles & 1 to 1 Rm 9:10 Daily Chronicles & 1 to 1 Rm 19:10 Daily Chronicles 25 9:10 Daily Chronicle & 1 to 1 App 9:10 Daily Chronicle & 1 to 1 R /isits -All Units Visits -All Units Visits -All unit rooms Visits (magazine distribution) All Rm. Visits -All unit rooms. 9:10 Daily Chronicle & 1 to 1 Rm Visits (magazine distribution) 📶 10:00 Hillsong & TV Ministry 10:00 Magazine & Beacon 10:00 Music Listening -2S & 4N 10:00 Inspirational Message-All 10:00 Yoga Movement in Rm. Visits (magazine distribution) All 10:00 Family morning calls-All Service / Joel Olsen 10:30 Abstract painting -one Newspaper -2S,3S,4S,5S 10:00 Macy's Parade – TV 110:30 Fun Facts Sheet-5S /5N 10:30 Poetry Time Sheet-All 2:00 Family Visit appointments 10:30 **BIBLE STUDY** if in Phase 2 10:30 Working Puzzles -Units resident to a table, if in Phase 2 10:30 Things I'm thankful for -unit 2:00 Family Visitation-2MPR 10:00 Family morning calls-All 2:30 Ice Cream cups-3S 10:30 Morning Service-TBA or 3 only. Rm or Unit or 3 only. Unit 4N w Artel lounge. Units with social distancing. 2:30 Music 2S with Bill Crews 2:30 College Football-TV ESPN 2:30 Abstract Art Project-Rm 1:00 Buccaneers at Washington 2:30 TRIVIA on 2S w/ 1 at table w 6 2:00 Family Visitations- 2MPR 12:00 Thanksgiving Luncheon- TBA 3:00 Bible study materials - In 2:30 Soft Cookies -2N & 2South 2:30 Family Visits -All Units 2:00 Family Visitations -2MPR ft. social distancing. 2:30 **BINGO -** 1 at table w 6 ft. 2:30 Ice-Cream & Pie Social-3:00 Movie Hour-2N Social Dist. room - Open if needed. 5:30 Current News-TV 2:30 Soft Hot Cookies - 3S & 3N 2:30 **Soft Cookie on 4N & 4S** social distancing. Unit 3N Lounge Areas (Units) w social 4:45 Evening Rounds-All units 8:15 NFL-Monday Night Football **4:45** Evening Rounds-All Units 4:45 Evening Room Visits -All Units 5:00 News FOX- TV -Room 5pm In the News - Unit & Rooms distancina. 5pm-6pm Family Visitation -All 8:00 Late Night NFL Game TV **Residents Rooms-All** 5pm-6pm Family Visitation -All 5pm-6pm Family Visitation -All NFL- Football / Unit & Rm TV. 5pm-6pm Family Visitation -All 28 9:10 Daily Chronicles & 1 to 129 9:10 Daily Chronicle & 1 to 130 HANUKKAH BEGINS NOVEMBER 2021 9:10 Daily Chronicle & 1 to 1 Rm. Rm. Visits -All unit rooms. Rm Visits (magazine Visits -All unit rooms 10:00 Exercise Movementdistribution) 10:00 Church Service WHUR 10:30 Unit Music Listening-3S 10:00 Inspirational Message-All MAIN ACTIVITIES CALENDAR 10:30 Morning Service-TBA 10:30 Name that Tune-All 2:30 Abstract Art Project-Rm 1:00 NFL- Football social/ units. 2:30 Card Games -5South **10:00** Family morning calls-All Mariana Tangwa-Administrator -202-399-7504 Ext. 1513

Albert Reed- DC Ombudsman -202-434-2154 Areed@aarp.org/ LCE

Betty Bass - Grievance Officer 202-399-7504 Ext: 1540

In room only or unit with 6ft social

distancing Ice-Cream Social- All

8:00 Late Night NFL Game -TV

2:30 Family Visitations- 2MPR

Seahawks vs Washington

Residents Rooms-All

8:15 NFL-Monday Night Football

2:30 End of Life / Home Going

Ceramony & Reflections-1MD

3:00 Movie Hour-2N Social Dist.

7:20 NFL-Thursday Night Football